



Rules & Warnings:

NCAA Rules Apply except there are NO stick checks unless requested. Any sticks can be used by all.

Dives are allowed! 2029 division will NOT play 30 second count rule. All other play 30 second clears to touch it in.

In final 2 minutes of games when the score is within 2 goals, referee can put on 30 second shot clock.

All games are four 12-Minute running quarters. Ties are allowed. No Overtime.

All penalties are running time starting on ref whistle. Referee keeps running game clock and penalty clocks and official score. Field coordinator supports scores and times as needed. Both must agree at end of game to make it official.

One 30 second time-out per game can be taken at any time. One time-out in OT. Clock stops for TO's.

Tie-Breakers: Head to Head, then lowest Goals Against vs common opponents, then lowest goals against all opponents, then highest Goals For, then Goal Differential. Some divisions may have specific tie-breaker & seedings explained in a division section on Tourney Machine.

All players must submit [ONLINE WAIVER](#) to be eligible. Failure may result in team forfeit.

Teams must wear reversible game jerseys. Failure results in loss of ball in opening possession. Please be aware that balls can and will fly from fields (shots or passes) and cause serious bodily harm. Do not sit directly behind goals or within reach of errant shots that could travel up to 50 yards from a goal.

Players, Coaches & Fans are always expected to act with class & sportsmanship. Failure to do so will risk player & team disqualification. If asked to leave the premises, please do so immediately or the proper authorities will be called. Player, coach or fan ejection from a game results in sitting away from the field for the following game as well. In some incidences, at the Director's discretion, an ejection may result in completely removal from the entire tournament.